

TOBACCO TREATMENT SPECIALIST (TTS) CORE TRAINING

May 12 - 14, 2021* | 8:30 AM - 4:30 PM EST

*All three training dates are required

The TTS Core Training is an intensive three-day, evidence-based training program for persons who want to work with tobacco dependent clients. Initially designed in 1999, by the <u>University of Massachusetts Medical School (UMass)</u>, the training curriculum addresses a set of core competencies for tobacco treatment specialists as defined by the <u>Association for the Treatment of Tobacco Use and Dependence (ATTUD)</u>.

The TTS Core training includes two components: Part 1 (online) and Part 2 (live virtual)

- TTS Part 1 This is a 10-hour online course that must be completed <u>before</u> attending the virtual 3-day Part 2 training. Part 1 covers the determinants of tobacco use disorder, including biological, psychological, and social aspects; physical and behavioral health impact of tobacco use; and best practices for systems to support treatment of tobacco use disorder.
- TTS Part 2 This is an intensive 3-day evidence-based training program which will be delivered virtually via Zoom. Topics will include pharmacotherapy; counseling skills such as motivational interviewing; cognitive and behavioral strategies to assist tobacco users in quitting; and intake, assessment, and treatment planning.

Participant Requirements

- Must be tobacco-free (including e-cigarettes) for six months prior to the training
- Have good/stable internet connection
- Webcam or access to webcam through other device
- Ability to speak/have audio over computer or other device
- Must be present, with no work or home responsibilities for the entire training course

Cost

Registration fee is \$600 per participant. This includes both Part 1 and Part 2, in addition to CME/CEUs for eligible participants.





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