

TREATING TOBACCO & NICOTINE DEPENDENCE IN THE BEHAVIORAL HEALTH WORLD

For healthcare providers and professionals, behavioral health providers, tobacco control professionals, and others who seek to expand their knowledge of nicotine addiction and tobacco cessation treatment in the behavioral health world.

Hancock Regional Hospital
801 N. State St.
Greenfield, IN, 46140

**Wednesday, November 13,
Keen Classroom, Lower Level
8:00 AM - 3:45 PM**

FREE THE MIND OF NICOTINE ADDICTION

ABOUT THE EVENT

In this one day **FREE** workshop, participants will learn about the relationship between tobacco use, nicotine addiction, and behavioral health populations. Participants will learn how to navigate medication options, best practices for treatment integration and supporting policies, motivational interviewing strategies to help patients quit tobacco, the link between nicotine addiction and Opioid Use Disorder (OUD), and current trends in tobacco and e-cigarette use.

Contact Brandee Bastin with any questions at bbastin@hancockregional.org or (317)468.4162

REGISTER: www.behealthy365.org/Tobacco-Free



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TIME	TOPIC
8:00 AM	REGISTRATION OPENS Light breakfast and beverages will be provided
8:30-8:45 AM	WELCOME AND REVIEW DAY'S AGENDA
8:45-9:45 AM	INTRODUCTION TO TOBACCO AND BEHAVIORAL HEALTH <ul style="list-style-type: none"> Prevalence and impact of tobacco use and dependence among behavioral health consumers Tobacco's toll on Indiana Evidence-based practices for tobacco treatment Speaker: Kayla Hsu, MPH, CHES®, NCTTP, Rethink Tobacco Indiana
9:45-10:00 AM	Break
10:00-11:30 AM	NAVIGATING MEDICATION OPTIONS FOR SMOKING CESSATION IN MENTAL HEALTH SETTINGS <ul style="list-style-type: none"> FDA-approved pharmacotherapies for tobacco treatment, how to use, side effects, etc. Symptoms of nicotine withdrawal EAGLES Study – Study design and outcomes Speaker: Karen Hudmon, DrPH, RPh, Purdue University
11:30 AM-12:15 PM	Catered Lunch and Networking
12:15-1:30 PM	USING MOTIVATIONAL INTERVIEWING WHEN CLIENTS SEEM UNMOTIVATED <ul style="list-style-type: none"> Basic skills of motivational interviewing for tobacco dependent clients Change talk Patient-centered principles with MI strategies Speaker: Ashley Jones, PhD, RN, CLC, NCTTP, Cornerstone Research, Training, and Development, LLC.
1:30-1:45 PM	Break
1:45-2:45 PM	IMPROVING RECOVERY OUTCOMES: ADDRESSING CO-OCCURRING TOBACCO AND OPIOID USE <ul style="list-style-type: none"> Prevalence of tobacco and nicotine use in substance use treatment settings Relationship between opioids and smoking Social determinants related to addiction and real-life experiences of Hoosiers in recovery. Indiana community hospital - health systems change experience Speakers: Ben Gonzales, MPH/MPHA Candidate, CAPRC II, Community Health Network Kelly Bons, PMHNP Candidate, BSN, RN, Community Health Network
2:45-3:45 PM	ELECTRONIC CIGARETTES: WHAT ARE THE RISKS? <ul style="list-style-type: none"> Electronic nicotine delivery systems (ENDS), including e-cigarette products and e-liquid solutions Prevalence of use among youth and adults Impact on behavioral health consumers Harms of e-cigarette product use Speaker: Brandee Bastin, MA, CTTS, Tobacco Initiative Coordinator, Hancock Regional Hospital
3:45 PM	Evaluations and Networking

